

JANUARY 2019 Secondary School



Monday

Tuesday

Wednesday

Thursday

Friday

NO SCHOOL

1

Pop Tart

2

Chicken Nuggets
Whipped Potatoes
Peas, Carrots
Diced Peas
Buttered Bread
NO SALAD BAR

Cheese Omelet

3

Pizza Sticks w/Marinara Sauce
Seasoned Noodles
Green Beans
Diced Peaches
NO SALAD BAR

Cinnamon Roll

4

Cheeseburger on a Bun
Baked Beans
French Fries
Mandarin Oranges
NO SALAD BAR

Pancake Sausage Bites

7

Chicken Dippers
Whipped Potatoes
Peas, Carrots
Mixed Fruit
Buttered Bread

French Toast, Sausage

8

Grilled Cheese
Tomato Soup
Fresh Veggies
Pineapple

Blueberry or Plain Bagels

9

Turkey Swiss on a Bun
French Fries
Baked Beans
Diced Peaches

Breakfast Sandwich

10

Tater Tot Hot Dish
Green Beans
Baby Carrots
Diced Peas
Dinner Roll

Long John

11

Pizza
Romaine Salad
Golden Corn
Mandarin Oranges

Breakfast Pizza

14

Corn Dog
French Fries
Baked Beans
Cottage Cheese
Diced Peaches

Pancake, Sausage

15

Beef Tacos
w/Toppings
Golden Corn
Applesauce

Banana Bread, Yogurt

16

Sloppy Jo on a Bun
Chips
Green Beans
Baby Carrots
Pineapple

Cheese Omelet

17

Spaghetti w/Breadsticks
Romaine Salad
Broccoli
Diced Peas

Donut, Yogurt Parfait

18

Turkey and Ham Subs
Tortilla Chips w/Salsa
Fresh Veggies
Mandarin Oranges

21

NO SCHOOL

Pop Tart, Yogurt

22

Chicken Patty
Baked Beans
Fresh Veggies
Chips
Pineapple

Blueberry Muffin

23

Chicken & Rice
Cooked Broccoli
Fresh Veggies
Diced Peaches
Dinner Roll

French Toast Bread

24

Shrimp Poppers
Mac & Cheese
Green Beans
Grape Tomatoes
Diced Peas

Cinnamon Roll

25

Pizza
Romaine Salad
Golden Corn
Mandarin Oranges

French Toast Sticks

28

Chicken Strips
Whipped Potatoes
Peas, Carrots
Pears
Buttered Bread

Pancakes

29

Hot Ham & Cheese
Baked Beans
Chips
Fresh Veggies
Mandarin Oranges

Breakfast bun

30

Chicken Taco
w/Toppings
Golden Corn
Baby Carrots
Applesauce

Breakfast Burrito

31

Pizza Burger
Cottage Cheese
Chips
Fresh Veggies
Peaches

"This institution is an equal opportunity provider"

No Child will be discriminated against because of Race, Color, Origin, Age, Gender, or Disability
Meals include fat-free white, fat free chocolate, and 1% milk. Salad Bar offered daily unless otherwise noted on the menu.

Cereal Choice, Fruit and Juice will be offered daily for breakfast.

*** MENU IS SUBJECT TO CHANGE**** Due to availability of Products.

Please keep your family lunch account current. Thank You.

