

**Quarantine Protocol for Students & Staff**  
**NRHEG Public Schools**  
**Fall 2021-2022**

Positive COVID cases

REQUIRED quarantine for at least ten (10) days starting at the onset of symptoms and symptom-free for 24 hours prior to return.

Symptomatic

Common symptoms:

- send the student/staff home (as needed)
- monitor and return to school once symptom-free for 24 hours.

Symptoms that appear to be more consistent with COVID:

- send the student/staff home and send household/siblings that have not been vaccinated or have not tested positive in the last 90 days, home (required)
- student/staff is REQUIRED to quarantine until an alternative diagnosis is given by a doctor or a negative COVID test is received, and symptom-free for 24 hours without medication.

Close contact

Vaccinated people:

- monitor health, continue with activities/attendance, recommend wearing a mask

Unvaccinated people:

- recommend quarantine, recommend wearing a mask
- monitor health, provide information on the protocol if symptoms develop, see above.

Close contact with a household/family member

Vaccinated people:

- monitor health, continue with activities/attendance, recommend wearing a mask

Unvaccinated people:

- REQUIRED quarantine for at least fourteen (14) days

Quarantine Options

1. 14 days separated from other people
2. 10 days separated from other people, symptom-free, and meets CDC requirements for a shortened quarantine period <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html>
3. 7 days separated from other people and a negative PCR test (not an antigen test or antibody/blood test) if the test occurred on day five after exposure or later.